



REVIEWS

BOOKS

Reviewed by Ruth Parnell

THE ELECTRIC MIRROR ON THE PHAROS LIGHTHOUSE and Other Ancient Lighting

edited by Larry Brian Radka

The Einhorn Press, Parkersburg, WV, 2006
ISBN 0-9657545-8-8 (166pp l/f tpb)
Availability: The Einhorn Press, email
LarryBrianRadka@hotmail.com

This is a fascinating investigation which confirms that the ancients knew about and utilised electricity, batteries, telescopes, mirror weapons and carbon arc lighting.

The most famous example in Larry Radka's book is the Pharos Lighthouse of Alexandria—one of the seven wonders of the ancient world—built by the Ptolemaic kings in honour of Alexander the Great, who saw the need for it when he surveyed the Egyptian coastline in 332 BC. The lighthouse, which soared at least 650 feet above sea level, was described in the historical record and reportedly underwent construction repairs following a number of earthquakes until its final demise in 1303. Apparently it employed a sophisticated carbon arc lighting system that made it a significant landmark for Mediterranean seafarers.

From his research, Radka discovered that the ancient Egyptians, Babylonians and Assyrians knew about electricity and lighting, but he thinks it's likely that the Pharos lighthouse and its powerful light were inspired by ancient Indian predecessors. Radka includes plenty of examples from the art and artefacts of these civilisations that suggest these technologies were well

utilised. One famous example covered here is the so-called Baghdad battery.

Interspersed with examples from the ancient world are ones from relatively modern times when lighthouses, carbon and mercury arc searchlights and electrical cells were considered exciting new innovations.

Radka's grasp of history, esoterica and technology together with his liberal use of maps, diagrams and photos makes *The Electric Mirror...* a captivating read.

THE SION REVELATION: Inside the Shadowy World of Europe's Secret Masters

by Lynn Picknett and Clive Prince

Time Warner Books, London, 2006
ISBN 0-316-72772-5 (530pp tpb)
Availability: <http://www.twbg.co.uk>

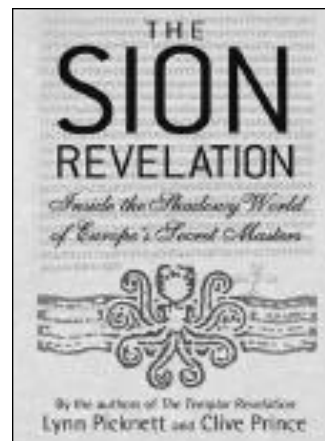
Allegations about the existence in France of a shadowy secret society called the Priory of Sion received prominence in the early 1980s with the publication of Leigh, Baigent and Lincoln's *The Holy Blood And The Holy Grail*. In more recent years it's been Dan Brown's fictional *The Da Vinci Code* that has again brought the Priory into the public gaze. But how much do we know about this group, and is it, as suspected, a hoax? Authors Lynn Picknett and Clive Prince again teamed up to do research for a new book, *The Sion Revelation*.

Indeed, the authors have been on the case since 1991 when they were approached by a self-declared member of the Priory while they were working on their book about the Shroud of Turin, which named Leonardo da Vinci as the creator (if not the subject) of the shroud's image. In a strange twist, they maintain that their subsequent book *The Templar Revelation* was one of the chief

inspirations for Dan Brown's novel.

The Priory had its modern birth in 1956, but depending on what story you subscribe to it may have originated in the 1110s during the Crusades or in 18th-century France. The authors suggest that if the Priory is a hoax, it is an elaborate one whose threads, once investigated, lead the researcher to conclude that there *is* some truth to support the allegations. These threads lead to occult knowledge on the one hand, and political machinations during and beyond WWII on the other. In an interesting turnabout, apparently the Priory's stance was a Johannist one (i.e., following the cult of John the Baptist as Messiah), not one that upheld the bloodline heritage of Jesus and Mary Magdalene.

So many pieces to the puzzle fit and so many don't that the authors surmise the Priory is a front for a grouping of much older secret societies which are mentioned in historical documents, as well as for more modern intelligence agencies and political movers and shakers. An intriguing thesis.



REVIEWS



THE CHAOS POINT

by Ervin Laszlo

Hampton Roads, Charlottesville, VA, 2006; Piatkus Books Ltd, London, 2006
ISBN 1-57174-485-1 (Hampton Roads);
1-84511-088-9 (Piatkus) (166pp tpb)
Availability: <http://www.hrpub.com>;
<http://www.piatkus.co.uk>

The world is faced with a "decision window" between 2005 and 2012, and the choices that we make in this time period will determine whether we cross the Chaos Point of 2012 and take a "breakdown path" or a "breakthrough path".

Systems philosopher Dr Ervin Laszlo (author of *Science and the Akashic Field*; see NEXUS 12/02) argues in his new book that the breakdown path will lead to devolution and disaster, whereas the breakthrough path will lead to evolution and a new civilisation. However, if we want to "birth" a new world, humanity's way of thinking needs to change *en masse* in all areas, including social, economic, ecological and spiritual. The paradigm based on conquest, colonisation and consumption is well past its use-by date and must be replaced by an holistic relationship with the world and each other based on connection, communication and consciousness.

Fortunately, there are signs that a growing group of "cultural creatives" around the planet is becoming a force for positive change and a sustainable world. According to a study Dr Laszlo cites, this group comprises 50 million people today in the USA alone. It's time conservative political leaders adopted the more enlightened thinking and systems of the cultural creatives in their constituencies, otherwise, as Dr Laszlo warns, the trends will inexorably lead us to a

catastrophic Chaos Point from which there'll be no return. It's not yet too late to avert disaster, but we must act now. It's a hard ask, especially with so much greed, violence and poverty in the world, but it's up to thinking, caring people everywhere to step up their activism a notch and inspire cooperative links locally and globally.

Dr Laszlo's book, supported by a thoughtful foreword by futurist Sir Arthur C. Clarke, provides a warning and a call to action that we can't afford to ignore.

CONVERSATIONS WITH THE SOUL

by Lawrence Follas

Zenith Press, New Plymouth, NZ, 2005
ISBN 1-877365-29-7 (352pp tpb)
Availability: Zenith Publishing,
<http://www.zenithpublishing.co.nz>

Lawrence Follas, a New Zealander of Irish descent and now an octogenarian, has spent decades as a hypnotist exploring some of the intrinsic questions about who we are and where we have come from—with a little help from some willing participants, some of whom exhibit striking psychic abilities under hypnosis.

For Follas, it wasn't easy getting on the path; he struggled with years of alcoholism behind the mask of a high-powered job before he discovered the powers of meditation and hypnosis, which changed his life. It took him a while longer, and much research later (which also led him towards the "sleeping prophet" Edgar Cayce and his health readings for clients), to go beyond the "party trick" aspect and get to the core of what hypnotism is about: helping the client connect with his/her Higher Self.

Following on from his first book, *Hypnosis and the Higher Self*, Follas explores further

aspects of the divine self and higher mind in *Conversations with the Soul*. He has seen that through hypnosis clients have found answers to their physical and mental health problems by being able to access conditions experienced in a past life.

But on a more esoteric level, Follas has worked with clients who have expanded the boundaries of what it is to be human by being able to access multidimensional levels of existence through the induced trance state. Such expressions from clients have often taken the form of "automatic writing", and some examples are included herein.

The material from Follas's clients is of a quality akin to that of the great wisdom teachings. That we create our own realities and are our own best healers—if only we put our minds to the task—confirms that our conscious, subconscious and superconscious selves are all wise and powerful when working in unison. This ability to harmonise our selves is open to all of us, and Follas gives us great encouragement with reference to science and esotericism.





REVIEWS

WORK WONDERS: Feed Your Dog Raw Meaty Bones by Tom Lonsdale

Rivetco Pty Ltd, Windsor, Australia, 2005
ISBN 0-9757174-0-5 (118pp tpb)

Availability: www.rawmeatybones.com

This is an easy-to-understand guidebook on pet care from Australian veterinarian Tom Lonsdale, which follows on the heels of his more in-depth book *Raw Meaty Bones: Promote Health* (2001; see review in NEXUS 12/03). Dr Lonsdale is a convert to referring to the workings of nature and feeding carnivorous dogs and cats with primarily raw meaty bones and carcasses, a few table scraps and occasional organ meats. This means avoiding commercially processed and grain-based pet foods.

Dr Lonsdale testifies that you can see the difference in pets fed the way that nature intended: they look contented, they enjoy gnawing away at bone and sinew (which is great for their teeth and gums), and they're trim, taut and healthy (he includes some cute photos to show what he means).

Pet owners can gain a benefit, too, from seeing their pets in top shape, from not having to pay veterinarian bills and from stepping off "the commercial merry-go-round of the junk pet-food industry".

If you haven't yet switched your pet to raw meaty bones and carcasses, Dr Lonsdale has all the advice and scientific back-up you need on how to change your pet's eating habits and on how much and how often to feed, depending on the age and size of the animal. He has chapters on non-natural additives and supplements to avoid, on nasty diseases that can be kept in check with the new feeding regime, and on monitoring your pet's dental hygiene and general well-being.

He includes a two-week sample menu, tips on "feeding the inner wolf" in your dog, and lots of references for further research.

You, too, can easily learn how to "work wonders" for your pet.

THE HIDDEN STORY OF CANCER by Brian Scott Peskin, BSEE, MIT, with Amid Habib, MD, FAAP, FACE

Pinnacle Press, Houston, USA, 2006
ISBN n/a (503pp hc, limited edition)
Availability: Pinnacle Press, PO Box 56507, Houston TX 88256, USA, tel 800 456 9941 (tf), <http://www.BrianPeskin.com>

This is one of the most important books you could ever read if you want to understand and prevent cancer. Certainly, cancer *prevention* is the focus of nutritional and medical scientist Brian Peskin in this book co-written with clinical researcher Dr Amid Habib, who believes Peskin's anti-cancer regimen also helps against obesity, diabetes and many other illnesses.

Much of Peskin's thinking on anticancer strategies is based on the findings of Nobel Prize-winning German physician and biochemist Dr Otto Warburg (1883–1970), who uncovered the *primary* cause of cancer and how cancer can be prevented. Decades of expensive research into secondary causes has failed, says Peskin. The primary cause of cancer is *too little oxygen getting to the cells*. Dr Warburg discovered that just by decreasing a cell's oxygen content by about one-third, cancer is automatically induced. That is all that's required for cancerous cells to grow. This underlying cause is the same from one person to the next.

The challenge for Peskin was to find a way to get sufficient oxygen to the cells and keep it there—a challenge that had eluded Dr

Warburg. However, it wasn't until 2002 that he found the missing link: essential fatty acids (EFAs). Both omega-6 and omega-3 EFAs are part of the cell membrane and facilitate the flow of oxygen into the cells. However, the body cannot manufacture EFAs: these must be obtained in the diet and consumed in the correct ratio, i.e., at least 1:1 or 2:1 of omega-6 to omega-3.

As well as providing scientific and clinical back-up for this argument, the authors suggest a simple, five-step anticancer plan. It includes not just taking "parent" EFAs but sufficient quantities of bioavailable minerals that help maximise oxygen transfer. It also requires taking sufficient (organically produced) animal-based protein to help the haemoglobin carry enough iron to maximise blood oxygen levels, minimal carbohydrates, and a herbal detoxifier (Essiac is recommended). This advice has benefits not just in protection but in combatting ill effects of radiotherapy and improving cancer remission chances. This is a groundbreaking thesis that deserves worldwide recognition.



REVIEWS



IRAQ CONFIDENTIAL

by Scott Ritter

I.B. Tauris, London, New York, 2005

ISBN 1-84511-088-9 (312pp hc)

Availability: www.iraqconfidential.com

Scott Ritter spills the beans on behind-the-scenes machinations surrounding the United Nations weapons inspections of Iraq during the 1990s in his explosive book *Iraq Confidential*. As a weapons inspector specialising in ballistic missiles, Ritter led many international UN Special Commission (UNSCOM) teams into Iraq between 1991 and 1998 in an attempt to determine whether Saddam Hussein's regime still possessed weapons of mass destruction in contravention of UN Security Council resolutions.

From the outset, Ritter's job in UNSCOM was stymied by overt and covert interference by the US government and its agencies, especially the CIA and NSC. The accounts of his missions in Iraq, his run-ins with UN and US bureaucracies, his associations with British, Israeli and Dutch intelligence operatives and his experiences with his band of colleagues make for compelling reading.

Eventually Ritter had to conclude that a political agenda was being pushed by the US: as long as the inspections could be kept going without finding any evidence of WMDs, the longer the economic sanctions against Iraq could be kept legitimate. The chief aim of the US government, he contends, was regime change. In hindsight, following the March 2003 US-led invasion of Iraq, Ritter thinks the CIA accomplished its mission. In fact, the issue of "fixing intelligence around policy" goes back as far as 1992, he says, when intelligence about SCUD missile accounting was doctored.

In 1998 Ritter resigned in disgust over the

lies and betrayals that made it impossible for him to continue doing his job. Time and again he'd been on the verge of a breakthrough on Iraq's weapons status, when the White House withdrew support for particular inspections to serve its own agenda.

Ritter stresses we cannot ignore "difficult and inconvenient history", and he's backed up by award-winning investigative journalist Seymour Hersh in the foreword.

GENUINE FREEDOM

by Matt Engelman

Matt Engelman, The Netherlands, 2006

ISBN 90-78318-01-5 (273pp tpb)

Availability: www.mattengelman.com

The events of 9/11 were a catalyst for Matt Engelman, a former financial manager and software company proprietor, to reconsider just about everything he believed to be true. With an open mind he researched the territory behind the mainstream, and his discoveries completely changed his life.

What he learnt about the control and deception forced upon—even unquestioningly accepted by—the masses, he realised most of us are not living in freedom and truth. So he had to ask "What is freedom?", and he asks us to consider this question, too.

In the first part of his book, he takes us through the control paradigms that are deceiving us—the global money system, institutionalised religions, the mainstream media, wars and depressions, and global corporations—and how they link up to form one huge "chain of control". How can we consider ourselves free when our thoughts, perceptions, belief systems, behaviours, consumption habits, and so on have been so manipulated that we don't even know it? Waking up to the fact that we're not living in

genuine freedom is a major step, but we have to *want* freedom and act accordingly and *do* something about bringing it on.

In part two, Engelman reminds us of our soul connection with the Source, for this is the only way to genuine freedom. It's the path of love, not its antithesis, fear—which is deliberately provoked by the chain of control. It's about respecting oneself and others and taking responsibility for our thoughts and actions. It's about personal creativity and collective empowerment. It's about listening without judgement, welcoming new ideas and living in harmony with the natural forces of the universe.

The path to true freedom, Engelman concludes, requires us to realise that *we* are the creators and that our souls *want* us to evolve towards higher consciousness. However, the time to act is now, as we're reaching a turning point "when the world's people will decide *en masse* that the existing global order is no longer acceptable". Engelman is not the first to share these truths, but his advice is both well-grounded and uplifting.





REVIEWS

CANCER: Its Cause and Treatment without Operation

by Robert Bell, MD

Transcribed and edited with additional text by Carmi B. Hazen, 2006 (first published by G. Bell and Sons, Ltd, London, 1913 ISBN 1-4116-7549-5 (167pp l/f tpb)

Availability: www.lulu.com/comdyne

The findings of Dr Robert Bell still ring true, nearly 100 years since his book *Cancer: Its Cause and Treatment Without Operation* was published. Now, the text has been transcribed and reprinted by Carmi Hazen, who has a hobby of collecting useful medical literature and devices from the past and provides commentary throughout this book (see his article in this edition on eliminating parasites with the carbon arc lamp).

It seems that Dr Bell had a handle on what was to come, because in the early 20th century he was already speaking out against medical colleagues who were intent on surgery as a means of dealing with cancer. In his practice, he chose treatments according to the type of cancer he was confronted with, and they included topical application of ointments made from plant extracts, injection of formic acid, ingestion of thyroid or mammary gland extract, and so on, and they were very successful. Dr Bell cites many cases where serious tumours shrank after his treatments; yet he was a staunch advocate of early detection: if some cancers were detected too late, not much could be done. He also reviews the research of his colleagues covering clinical as well as geographical distribution findings, so his perspective circa 1913 is instructive concerning the body of knowledge at the time.

Dr Bell, an oncologist based in London had his theories about the cause of cancer,

which he saw as "a preventable disease, and one entirely incident upon civilisation". He concluded that it originates in "some flagrant contravention of hygienic laws" and is "essentially and intrinsically due to perverted cell metabolism". Thus he was an advocate of healthy dietary and hygienic habits.

Hazen, author of an e-book titled *What They Didn't Teach Your Doctor in Medical School*, has written a follow-on section, "The Truth About Cancer", which looks into the cancer-busting work of such pioneers as Dr Royal R. Rife, who suffered a tragic fate at the hands of the medical establishment from the 1930s. We've still much to learn.

AN AMERICAN DEMONOLOGY: Flying Saucers over the White House

by Colin Bennett

Headpress, Manchester, UK, 2005

ISBN 1-900486-46-6 (166pp tpb)

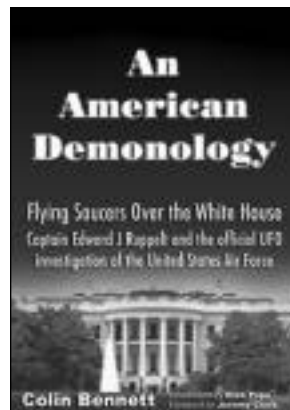
Availability: <http://www.headpress.com>

One of the pioneering figures in ufology was Captain Edward J. Ruppelt, who from 1951 to 1953 headed the US Air Force's Project *Blue Book* UFO investigations (which excluded reports on abductions and aliens). He even came up with the term "unidentified flying object". Realising that a biography of Captain Ruppelt was long overdue, Colin Bennett set about the task and has produced a work that describes not just Ruppelt's life and career but also reflects the spirit of the times. Included are numerous examples of the USAF's often muddled command structure (it was only set up in 1947) and a perspective on the fledgling but expanding military-industrial complex.

Informing Bennett in his task is Ruppelt's own book, *The Report on Unidentified Flying Objects*, published in 1956 after he

left the USAF. Unfortunately Ruppelt died in 1960 of a heart attack at age 35, so we'll never know what else he would have revealed. During *Blue Book* it seemed that Ruppelt, "the prototype systems-man", was keen to describe as "unknown" the genuine UFO sightings by many professional military personnel including pilots and radar controllers. Bennett discusses Ruppelt's investigations, including blinkered reactions and behavioural changes from higher-ranked officers than he in dealing with the UFO problem confronting them. This period in UFO history is significant, too, for a number of UFO "flaps"; for instance, the 1952 Washington, DC, UFO "invasion" when the nearby Andrews Air Force Base had all its runways out of action, so no jets could be scrambled in time to investigate the reported fast-moving, orange-glowing objects.

With an introduction by Nick Pope, former UFO Desk Officer with the UK MoD, and foreword by Jerome Clark, author of *The UFO Encyclopedia*, Bennett's book has extra clout in its study of the UFO "demon".



REVIEWS

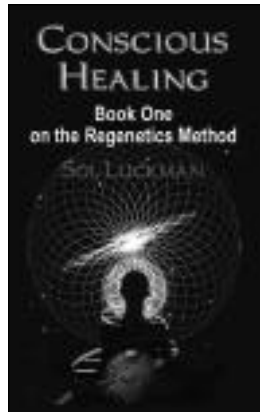


CONSCIOUS HEALING: Book One on the Regenetics Method by Sol Luckman

Booklocker Publishing, USA, 2006
ISBN 1-59113-843-4 (250pp tpb)
Availability: www.phoenixregenetics.org

In this paradigm-reworking book, author Sol Luckman develops the concept of "Energenetics", a synthesis of age-old and new-age wisdom with a sound- and light-based technology that has huge potential for human evolution and self-enlightenment.

The athletic Luckman developed a debilitating series of illnesses following a vaccination in 1996, and in the ensuing years tried every alternative therapy he could to rebuild his immune system. He also read masses of literature in his search for a cure, and became well acquainted with sources including Leonard Horowitz on vaccine dangers, Rupert Sheldrake on morphic resonance,



Richard Alan Miller on quantum biobiology, David Tansley on radionics, Larry Dossey on mind-body healing intention and Jonathan Goldman on healing sounds.

A few years later, working with partner Leigh, Luckman developed techniques based on the energy signature imprinting therapies of Dr Nambudripad's Allergy Elimination Technique (NAET) and an offshoot, BioSET, developed by his student, chiropractor Ellen Cutler. In essence, these "Regenetics" techniques involve identifying blockages in the system, clearing them, calling up "spare" DNA and resetting the "bioenergetic" blueprint. With the help of kinesiology and numerous willing clients, Luckman and partner identified 3,000 energy signatures and 12 basic human energy types, which they've applied to make their diagnoses and treatments more efficient.

Incorporating light and sound energies, their treatment takes at least nine months for full DNA reactivation to take place. In effect, inefficient neurological and biological programs are cancelled out and replaced with ones based on the ultimate Source: the

energy of unconditional love. The individual is allowed to transcend limiting, dualistic thought patterns, raise vibrational energy, repattern the electromagnetic blueprint and seal the "fragmentary body".

This is revolutionary healing science that's expanding the boundaries of being.

THE GREAT WAR FOR CIVILISATION by Robert Fisk

Knopf, USA, Fourth Estate, UK, 2005
ISBN 1-4000-4151-1 (1113pp hc)
Availability: <http://www.aaknopf.com>;
<http://www.4thestate.co.uk>

One cannot fail to be moved by the writings of journalist Robert Fisk in his first book since 1990. Covering three decades of front-line reporting in the Middle East and taking 15 years in the writing, it's a massive work with a long list of acknowledgements, though not including those valuable sources whom Fisk cannot name for the sake of their personal safety. Fisk never had any doubts that he wanted to be a foreign correspondent, and in the hotbed of the Middle East he's seen more than enough evidence of "the arrogance of power" that subjugates nations, causes death and suffering and makes innocent people live in fear and despair.

In his blazing, tell-it-like-it-is style, Fisk not only documents the history he's witnessed in the making but also calls to account the powers-that-be, questioning the sanity and agendas of politicians who send soldiers to war and condemn innocent people to death and destruction.

Every war "represents the total failure of the human spirit", he laments. The title for this book comes from the words engraved on the obverse side of a medal awarded to his father who fought on the battlefields of France in World War I: "The Great War for Civilisation". Ironically, at one stage in his war-reporting career, Fisk stood on the very place where the fateful gunshot in Sarajevo started the Great War. And while his father was being sent to far-flung fields, the first holocaust of the 20th century was being played out; years later, Fisk would interview elderly survivors of the Armenian holocaust at the hands of the Turks, and his chapter on this episode is most poignant.

Fisk has seen many "wars for civilisation" in his time. Based in Beirut, he's reported key events in Lebanon, Palestine, Iraq, Iran, Israel, Afghanistan, Algeria and more since he became the Middle East correspondent for the *Independent* in 1976; in fact, at the time he'd just finished reporting on the Portuguese revolution and previously had been in Belfast covering "the troubles".

This is a passionate account of Fisk's travels and travails that shocks with its realism and goes headlong to get at the truth.



REVIEWS

BOOKS

Reviewed by Duncan Roads

THE RINGING CEDARS SERIES

by Vladimir Megre

Ringling Cedars Press, Columbia, Missouri, USA, 2005 (edited by Leonid Sharashkin, translated by John Woodsworth)

Book 1: *Anastasia*, ISBN 0-9763333-0-9 (202pp trade paperback)

Book 2: *The Ringing Cedars of Russia*, ISBN 0-9763333-1-7 (209pp tpb)

Book 3: *The Space of Love*, ISBN 0-9763333-2-5 (211pp tpb)

Availability: Ringling Cedars Press, www.ringingcedars.com

In 1994, a Siberian elder told the entrepreneur Vladimir Megre a fascinating story about the "ringing cedars"—trees respected from biblical times for their curative powers and their capacity to reconnect human beings with the Divine. The elder told him where such a ringing cedar was growing in the Siberian backwoods.

Vladimir Megre set out on an expedition to find the tree. But his encounter with the elder's granddaughter Anastasia transformed him so deeply that he abandoned his commercial plans. Penniless, he went to Moscow to fulfil Anastasia's request that he write a book about the spiritual insights she had shared with him. What happened next thrilled and inspired millions, as Anastasia promised it would.



With no advertisement other than word of mouth, the Ringing Cedars Series has become an international bestseller with over 10 million copies sold in Russian alone and translations in 20 languages. It has touched the hearts of millions of people worldwide.

Anastasia, the first book of the Ringing Cedars Series, tells the story of entrepreneur Vladimir Megre's trade trip to the Siberian taiga in 1995, where he witnessed incredible spiritual phenomena connected with sacred "ringing cedar" trees.

Megre spent three days with Anastasia, who shared with him her unique outlook on subjects as diverse as gardening, child-rearing, healing, nature, sexuality, religion and more.

The Ringing Cedars of Russia, the second book of the series, provides a fascinating behind-the-scenes look at the story of how *Anastasia* came to be published. It offers a deeper exploration of the universal concepts so dramatically revealed in book one.

It takes the reader on an adventure through the vast expanses of space, time and

spirit—from the Paradise-like glade in the Siberian taiga to the rough, urban depths of Russia's capital city, from the ancient mysteries of our forebears to a vision of humanity's radiant future.

The Space of Love, the third book of the Ringing Cedars Series, describes the author's second visit to Anastasia. Rich with new revelations on natural child-rearing and alternative education, on the spiritual significance of breastfeeding and the meaning of ancient megaliths, it shows how each person's thoughts can influence the destiny of the entire Earth.

Megre describes practical ways of putting Anastasia's vision of happiness into practice. He shares his new outlook on education and

children's real creative potential after a visit to a school where pupils build their own campus and cover the 10-year Russian school program in just two years. Complete with an account of an armed intrusion into Anastasia's habitat, the book highlights the limitless power of Love and non-violence.

Inspired by the Ringing Cedars Series, thousands of people are now planting trees, changing their lifestyle and seeking a spiritual reconnection with the Earth.

Personally speaking, I rank these books amongst the most profound I have ever read. As one NEXUS reader wrote recently (Letters, 13/02): "Basically, these books make all the books I've read to date look like a complete waste of paper!" If you only read one book in your life, read *Anastasia*.

REVIEWS



DVDs

Compiled by Duncan Roads

ROOTED: A hard-hitting scientific look at the dangers of Root Canal Therapy

Produced by La Mmag © Robert Gammal, 2006 (60+18mins, PAL DVD)
Availability: La Mmag Productions, Suite 102, Piccadilly Court, 222 Pitt St, Sydney NSW 2000, Australia, tel +61 (0)2 9264 5195, email robert@lammag.com, website <http://www.rooted.tv>

Root canal therapy is regarded as a sophisticated, scientific dental treatment whose aim is to keep a dead tooth painlessly in the mouth. We are constantly assured that it is a safe and effective treatment. The idea that a dead tooth could cause a wide variety of diseases is strenuously denied by the dental profession.

Rooted is a one-hour documentary which explodes these dental myths and takes a hard-hitting look at the dangers associated with root canal therapy. This is life-changing information. Anyone who has had a root canal treatment needs to know how such a dead tooth may affect your health.

The documentary is extensively referenced and includes a separate 18-minute chapter with patient interviews.

It should be compulsory for dentists to watch this film, over and over again!



SECRET SPACE: The Illuminati's Conquest of Space – Volume 1

Written, produced & directed by Chris Everard © The Enigma Channel & GBC/AIM, 2005 & 2006 (120mins)
Availability: Via websites <http://www.SecretSpaceDVD.com> and <http://www.enigmatv.com/>

This is a fast-moving, info-packed, two-hour documentary exposing the hidden history of NASA, its links to a network of secret societies, and an agenda to control space. It includes: Nazis, the CIA and Project Paperclip; Werner von Braun; man-



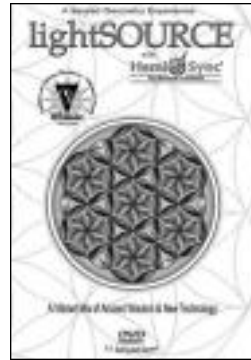
made flying saucers of World War II; Hitler's secret weapons; David Icke, Aleister Crowley and the JATO rocket systems; occult names for the space shuttles; how NASA faked the Moon-landing photos; UFOs over America; MJ-12 and the Manhattan Project; secret government; 33rd-degree masonic control of NASA; aliens; the Siberian Installation; alien abductions; "Star Wars" deployments; and NASA's nuclear nightmare. A great DVD. Well done, Chris Everard of Enigma TV!!

LIGHTSOURCE WITH HEMI-SYNC: A Sacred Geometry Experience

Produced by Monroe Products, 2005
Availability: LightSource, 18624 Downing Rd, Kearney, MO 64060, USA, tel 1888 716 9860, <http://www.spiraloflight.com/>, <http://www.sacred-geometry.com>

After watching the previous two DVDs, you're really going to need *this* DVD! It is absolutely stunning, especially if you like to watch the most inspirational of sacred geometrical shapes and listen to Monroe's Hemi-Sync music/tones at the same time.

The DVD displays 13 of the world's most auspicious and elementally powerful geometric designs, including: Flower of Life, Tree of Life with Seed of Life, Sri Yantra, Endless Knot, Torus, Golden Mean Spiral, Vesica Piscis, Harmonics of Music and 13 Chakras, Metatron's Cube, Sacred Heart, Dodecahedron and Pentagonal Star, Ankhs and the Seed of Life, and the Electromagnetic Field of the Human Merkaba.



Hemi-Sync is a patented audio guidance technology, scientifically and clinically proven and refined, with over 40 years of research behind it. Researchers learned that specific Hemi-Sync sound patterns could lead the brain to various states of consciousness ranging from deep relaxation or sleep to expanded awareness and other "extraordinary" states. Put this on the big screen, sit back and prepare to blast off.

I rate this as "truly awesome"!



REVIEWS

MUSIC

Reviewed by Richard Giles

ONE WORLD, ONE KID

by various artists

Putumayo, USA, 2005 (23mins)
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—Putumayo, tel 07759 600495; **USA**—Putumayo World Music, tel 800 955 9588, www.putumayo.com

In 2005, six-year-old Skyler Pia created a music show to cheer up his friend Eric who was ill with cancer. He did what most kids his age only dream about: he hosted a radio show. Skyler's show features songs from around the world and information about the artists and cultures. His parents were so proud of his work that they shared his recording with everyone, including friends of Putumayo's founder, Dan Storper, who loved it so much he released it as a specially priced CD. Putumayo is donating proceeds to the Make-A-Wish Foundation.

A VISIT TO ALI FARKA TOURE

by Marc Huriaux

Digital Classics, 2005 (DVD, 63mins)
Distributors: **Aust**—MRA; **UK**—Digital Classics Ltd, tel +44 (0)20 7636 1400, website <http://www.digitalclassics.co.uk>

This is a musical trip to Ali Farka Touré's home in Niafunké, Mali, where he owned a large farm that helped make his home town productive and provided local employment. After making it on the world scene, Ali Farka Touré had decided to focus on his origins and provide support for his own people. The DVD contains documentary footage of his work and music. Touré won Grammys for his *Talking Timbuktu* album with Ry Cooder and *In the Heart of the Moon* with Toumani Diabaté (see NEXUS 12/06). Very sadly, Touré died of cancer in March 2006. He leaves behind a superb collection of music. If you love Mali and Touré's music, find this DVD.

MUSICA PARA DESPUES DE ALMUERZO

by Bitman & Roban

Nacional Records, USA, 2006 (34mins)
Distributors: **Aust**—MRA; **USA**—Nacional Records, tel (818) 763 1397, <http://www.nacionalrecords.com>

One of Chile's newest musical groups, Bitman & Roban made their debut in the USA with the new album *Música Para Después de Almuerzo* ("Music For After Lunch"). It's a mix of electronic, funk, hip-hop, Latin and lounge music, with collaborations from several artists. They are led by José Antonio "Toto" Bravo (aka DJ Bitman),

Cristián Powditch (synthesisers), Roberto "Titae" Lindl (bass) and Adolfo "Kataix" Araus (piano). Very funky Latin.

HONORING

by various artists

Real Music, 2005 (2CDs, 76mins)
Distributors: **Australia**—New World Music, tel (02) 9565 4522; **Europe**—MCC, tel +49 4102 898202; **USA**—Real Music, tel (415) 331 8273, website <http://www.realmusic.com>

For this double album, Real Music has combined artists working with the sacred sounds of ancient musical forms. Mantras, devotional song and instrumental melodies to tune the heart and soul can be heard here. Among the virtuosos are Karunesh, whose instrumental work is sublime, Jeff Beal and Nawang Khechog, who combine Tibetan styles, sacred singer Deva Premal (NEXUS 12/05), divine chanter Buedi Siebert, and Jim Oliver with his powerful synthesis of East and West. The second CD contains a 16-minute meditation.

BRAZILIAN LOUNGE

by various artists

Putumayo, USA, 2006 (45mins)
Distributors: **Aust**—MRA, tel (07) 3849 6020; **UK**—Putumayo; **USA**—Putumayo World Music, www.putumayo.com

The popular music of Brazil has had an enormous influence on global culture. This new album from Putumayo, *Brazilian Lounge*, features some of the finest new artists from the bossa nova, samba and soul fusion musical streams, and includes some classics of the Brazilian sound. On the CD are the famously pedigreed Bebel Gilberto, Seu Jorge, whose music appeared in the movie *City of God*, Marcos Valle, whose bossa nova has been around since the 1960s, newcomer Luca Mundaca, and many more. Seductive music for slow grooving.

